

## Care Instructions Following Trauma

1. **ORAL HYGIENE** – Clean the traumatized area by gently brushing today and thereafter, by more vigorous normal brushing. Be certain to brush both in front of and behind the affected area.
2. **PAIN** – If necessary, a medication such as Tylenol or other non-aspirin containing products can be taken. Follow the directions as indicated on the bottle.
3. **DIET** – Soft to non-chewing diet as tolerated by your child. Pasta, yogurt, shakes, are options.
4. **PROGNOSIS**- Discoloration of the injured tooth within one month of the trauma indicates that bleeding occurred with the tooth at the time of injury. Any injury may result in necrosis (death) of the pulp (nerve) of the tooth. This can occur at **any time** and is more likely from severe injuries. Signs of nerve death can include; PAIN, either spontaneous or upon chewing, DISCOLORATION, of the tooth **later** than one month after the trauma, REDDENING, swelling or formation of a “pimple” on the gum above the injured tooth.
5. Questions or concerns, please call Dr. Donley **978-443-8833**.

