## **Instructions Following Extractions**

- 1. Have your child bite down on the gauze for the next 15-20 minutes after leaving the office. If there is still some oozing, bite on new piece of the extra gauze we provided you for twenty more minutes. Avoid taking the gauze pad in and out as this prevents an adequate clot from forming.
- 2. Today's diet should consist of soft foods such as pasta, yogurt, and cool liquids. Avoid drinking through a straw. The sucking on a straw tends to disrupt the clotting in the extraction area.
- 3. We do recommend Tylenol or acetaminophen as soon as your child gets home, prior to the wearing off of the local anesthetic. Please follow the recommended dosage and directions on the label.
- 4. Generally not much discomfort is experienced after the extraction of a primary tooth. However, if your child complains of any discomfort, Tylenol or acetaminophen is recommended every 4-6 hours as needed.
- 5. If you have any questions or concerns, please call the office 978-443-8833.



**Telephone 978-443-8833**